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the front door slammed my mother was weeping a shattered plate of food in ruins on the floor I cried then too I couldn't fully understand or even partially understand I was six and I had seen only the very beginning

was nineteen

Remember

his hand gripping my throat slamming my head against the wall His hand covering my nose and mouth suffocating me despite my muffled screams grabbing my keys and running into the night, barefoot to my car sobs racking my body surely I couldn't go to the police in my pajamas

his wife cries herself to sleep his son has turned to drugs and his daughter, his daughter the one writing these words the one now living out of his reach the one having to cope the one manipulated, abused and assaulted by his black, black soul hidden deep, deep down in the caverns as he stands there, singing and smiling

front and center in the choir loft

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I watched him as he stood up there in the choir loft, front and center singing and smiling as if his life were put together knowing the real him was guarded, chained carefully, hidden in the caverns of his black, black soul I know exactly who he is what he's done



chicken

one of my best friends got promoted to Editor in Chief as a sophomore and then had sex with that boy she's been flirting with all semester because she's a go-getter and a winner. meanwhile i can't manage to cut a bunk of chicken because i am the human equivalent of a potato. there's just no way to gracefully cut around the bones i know i should tear right into this lukewarm sucker with my teeth but i don't want to make more of a mess than i currently am.

i can't relate to my friend in the same way she's now ahead of me i saw it in her face when she walked in "you look refreshed!" i told her "do?" she said, racing over to the mirror, holding her face in her hands, seeing only unplucked eyebrows.

but there's no specific promotion or potential guy i want enough to work for is that liberating or just pathetic?

> i look at my chicken corpse and stab a knife in it. fuck you, chicken.

i hope she uses tide pods

I used my hands to open the door b/c I left my keys in my other pants pocket you left your clothes in my room I rolled in them & got stuck for a few days so my sister picked me up & put me in the dirty laundry

laundry aids Nunya Cera alba

Bless you all to heck, you beautiful striped bastards Rocketing around with your nonsense physics

Building golden palaces with your weird miracle orifices Effusing waxes and jellies— Apparently, you can only produce good things

Save for maybe your one Kamikaze bullet that you hold on to in the defense of Her Majesty-You would transmute my skin into festering lava bubbles Wouldn't you, you loyal little beasts? Those hexagonal labyrinthine citadels older than the first stories told make Giza's polyhedron piles What s look garbagio is com





What should take you years is complete in four weeks' time (you "Teamwork makes the dream work" motherfuckers)) And serves to store that incandescent ichor-Non-perishable perfection-Crafted in miniature waxen beer vats, fueled by the grotesque tree sex that enrages my sinuses Every. Year.

You winged robot muses fending off furry dragons, giving to the rest of us tenfold what you take

Float high on the winds and buzz to your heart's content-Just please don't leave us, you incredible creepazoid clones



Love: an intense feeling of deep affection Submission: the action or fact of accepting or yielding to superior force or the will or the authority of another

HUMAN GARBAGE

I cannot pinpoint / track / articulate the place on the map or the road where I started yielding

all I remember is a blur of restriction (we tumbled down the path together) gripping me tighter—tighter

Letting you hewn away my ability to say "no." Commanded me to bend to you—for you.

The audacity to demand, claim me as possession.

Assert ownership over a body not your own. And I submitted, felt myself unwillingly unknowingly accepting that I was less.

Yield to your hand on my neck teeth grazing—hungry—on my inner thigh eyes unforgiving, relentless as you made me.

Made me diminish

decline disappear and when you were done I was forced to know the difference between making love / sex / submission.

Submitting to the calculated cold deconstruction of my wholeness.

Accepting that I would only operate as fragment like time chips away the moon but even she waxes and becomes whole again.

I went home and sat on the shower floor. Scrubbed and scrubbed my body until the skin went red and raw, but still couldn't shake the feeling that I was dirty.

Dirty like: when my eight grade health teacher said, "all you have to do is say no" Dirty like: when "no" didn't make it stop

broken, bruised, battered slacken, shrink, subside, weaken, wither, wane make room



